



## Collection Volunteer

Gain experience helping a food bank and use your organisational, communication and planning skills to make a difference for vulnerable people.

### About Us:

We are an organisation that endeavours to help feed people in these times of austerity. As the economic situation has deteriorated, we have seen more families that say, "I can either heat and light the house but can't feed the family too".

Life in this country shouldn't be "Eat or Heat".

### What we're looking for:

We are looking for reliable, honest and self-motivated volunteers to become a donation collector. The food bank relies on local community spaces and businesses to act as Drop Off Points to accept donations for us and collection volunteers are crucial in getting those donations back to the food bank.

### What you'll be doing:

Being a collection volunteer involves planning routes, sorting donations for safe transport, and making collections either monthly or as needed. Should you become an assigned collection volunteer you will also be asked to regularly contact your Drop Off Points.

### Your skills:

You should have good organisational and planning skills with a preferred ability to adapt to changing donation levels. A good knowledge of the local area and ability to lift heavy objects is preferred but not essential.

This role would suit those looking to give back to the local community who can either drive, use public transport or walk while carrying bags. You will be collecting for any branch of the food bank and will have the chance to learn about the charity, build relationships with local people and gain insight into food poverty.

### Location and Commitment:

We are based in and around Waltham Forest with our main food bank at the Walthamstow Quaker Meeting House, just off Hoe Street near Ye Olde Rose and Crown pub and welcome applications from anyone who is **not currently a food bank client**. We are looking for someone who can initially commit to 2 hours in a month for induction, then flexible volunteering.

If you are interested, please email [volunteer@eatorheat.org](mailto:volunteer@eatorheat.org) or call us on 0800 772 0212 and we will be happy to give you more information on the role.